

**"I can never thank you enough** for your guidance in helping me with my aunt. I'd made lots of phone calls myself to try to get the right services in place...each one led to ten more... I was overwhelmed."

- Sarah H.

**"RISE is a relentless advocate for their patients."**

- Audrey & Sandy

**"RISE for Seniors literally saved us thousands of dollars.** Thank you for clarifying Mom's Medicare billing and encouraging us to plan for what she needed."

- Dale G.

**"I had no idea what to expect, let alone what questions to ask the doctors** when I found out my husband was in the early stages of Alzheimer's. You gave me answers, you gave me choices and you've helped me see how to care for myself in the midst of all of this."

- Ruth M.

**RISE**<sup>TM</sup>  
*for Seniors*



1709 Hampshire Ave.  
Saint Paul, MN 55116



**RISE**<sup>TM</sup>  
*for Seniors*

Helping families navigate  
the maze of elder care.

For a no-obligation initial consultation,  
call 651-762-2749  
or go to [riseforseniors.com](http://riseforseniors.com)

# We're Your Elder Care ADVOCATES

*RISE for Seniors* understands what you're going through as you try to do what's best for your elderly loved one:

- *unsure of options*
- *feeling overwhelmed*
- *non-integrated elder care services*
- *conflicting family perceptions and wishes*
- *frustration getting answers from providers*
- *complicated insurance and financial issues*

With *RISE for Seniors* you can alleviate the pain, heartache and family stress that magnifies when an elder loved one can no longer be completely cared for by the family.

Our affordable services guide you by providing exactly the right information to make sound, compassionate and immediate decisions, wholly based on your situation. And with our customized care & assistance, we help ensure on-going peace of mind for you and your entire family.

*RISE for Seniors* offers highly personalized, impartial help for families navigating the complex and difficult choices surrounding elder care.

## Care Consultation

The first step is a comprehensive assessment, not only to evaluate the elder's health, wellness and current living situation, but to better understand the family dynamic as well.

*RISE for Seniors* nurses come to your elder loved one's home to conduct that assessment. They will meet with the elder individual or couple, and with the family members separately.

During the assessment, our nurses can answer many questions and discuss key considerations, and will follow-up with specifically tailored options.

We then prepare a personalized report outlining specific resources and recommendations based on our findings. A follow-up meeting will be scheduled to present our findings, recommendations, and to answer any questions.

## On-Going Care & Assistance

Our experienced and knowledgeable staff can provide direct advocacy and oversight for every aspect of elder care:

- *Direct Health Care Advocacy*
- *Housing & Home Health Care Coordination*
- *Health & Wellness Check-Ins and Reporting*
- *Facilitation of Family Communication*
- *Insurance Coverage and Financial Review, Clarification and Advocacy*
- *Estate Planning and Elder Care Support & Referral*
- *Customized Assistance Tailored to Your Family's Needs*

**Contact Us  
Today**

For an initial no obligation consultation, please call **651-762-2749** or find us on the web: **[riseforseniors.com](http://riseforseniors.com)**